

# THE BEATRICE HOTEL'S FIELD GUIDE TO PROVIDENCE

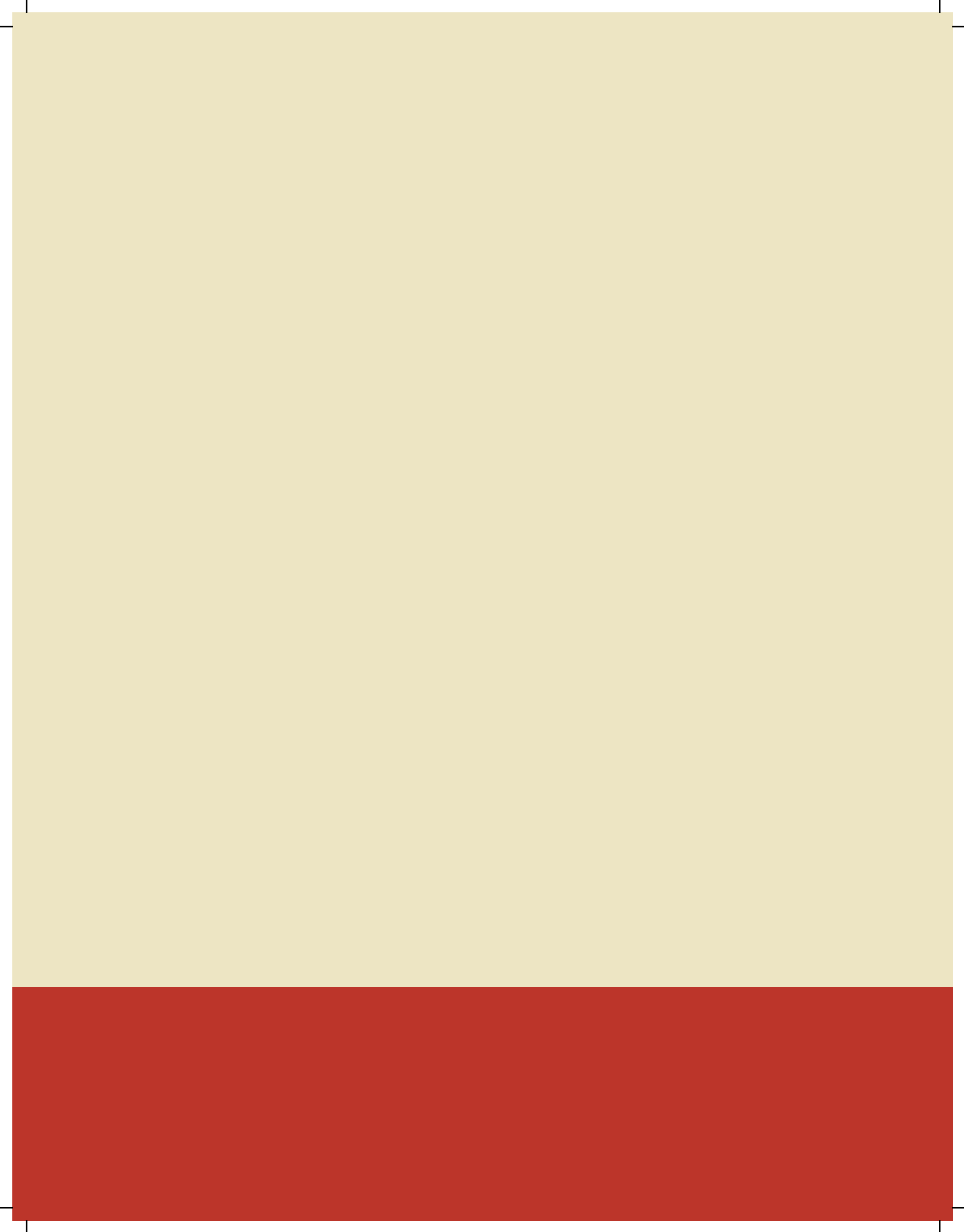
July 2026 | Semiquincentennial Edition



**A POCKET COMPANION TO HIDDEN STREETS,  
REVOLUTIONARY SPARKS & HISTORIC TAVERNS**

Providence is a city that rewards curiosity  
— and we're here for it.

THE  
*Beatrice*



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# ABOUT THIS GUIDE

90 Westminster Street  
Providence, Rhode Island 02906

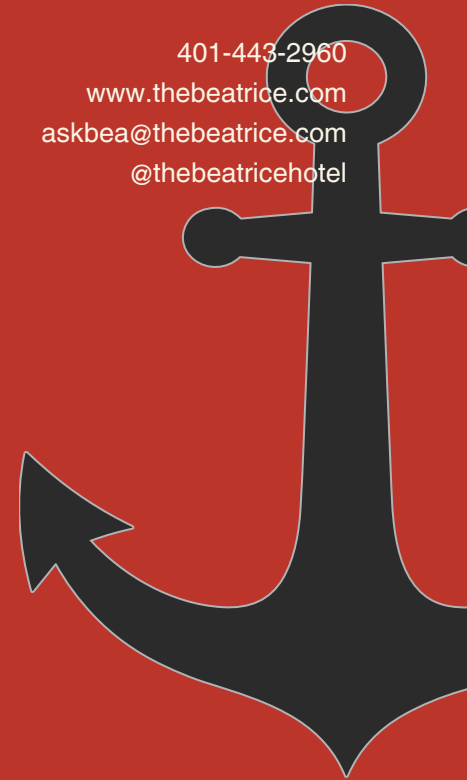
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This field guide was created to help guests of The Beatrice Hotel discover Providence with curiosity and ease, in celebration of the Semiquincentennial and the city's place in it.

Road tripping is a quintessentially American tradition: the freedom of the open road, the pull of new places, and the stories collected along the way. This Field Guide is designed for those who find themselves in Providence as part of that journey, whether as a planned stop or an unexpected discovery.

Inside, you'll find a selection of historic landmarks, walkable routes, taverns, cultural institutions, and local stories that capture the spirit of the city.

Providence is a place best explored slowly, on foot, with good shoes and an open mind. We hope this guide helps you discover both its well-known landmarks and its quieter corners along the way.



## A NOTE OF THANKS

This guide is shaped by the stories and history that define Providence, drawing on the work of local historians and scholarship, including reporting from The Providence Journal, research from the Rhode Island Historical Society, inspiration from the Independence Trail of Providence, the good work of the RI 250 Commission, and helpful guidance from Roadfood.com on road trip stopping points for memorable eats.

The places featured here also reflect the artists, chefs, educators, and entrepreneurs who continue to shape the city's character today.

We hope it invites you to explore Providence the way it rewards best: by wandering, noticing small details, and following your curiosity. Providence may be small, but it has always been a place of big ideas.



# WELCOME TO PROVIDENCE



## Welcome to Providence

Providence is a city that reveals itself slowly. Around nearly every corner you'll find something unexpected, a quiet colonial street, a hidden library filled with sunlight and books, a lively tavern, or a river bridge glowing softly at sunset.

Founded in 1636 by Roger Williams, the city began as a refuge for independent thinkers seeking freedom of belief.

Over the centuries it grew into a thriving port and center of early American industry, and today remains one of New England's most creative and vibrant small cities.

From The Beatrice Hotel you are perfectly positioned to explore it all. Within a short walk lie the historic waterfront, the elegant homes of Benefit Street, and the lively streets where artists, chefs, and students shape the city today.

Providence rewards those who wander. We created this guide to help you explore Providence the way travelers once did, with curiosity, good shoes, and time to linger.

Turn down a side street, step inside an old building, pause along the river, and follow whatever catches your eye. Enjoy the journey!

**“Not until we are lost do we begin to understand ourselves.”**

**– Henry David Thoreau**



# THE STORY OF THE BEATRICE

The Beatrice Hotel occupies one of downtown Providence's most historic addresses: the **1887 Exchange Building**, constructed when the city was emerging as one of America's great industrial and maritime centers.

In the late nineteenth century, Westminster Street was the commercial heart of Providence. Merchants, bankers, and traders filled these blocks each day, and the Exchange Building stood at the center of that energy, its tall windows and historic masonry becoming a familiar feature of the downtown streetscape.

The space that now houses **Bellini Providence**, a Cipriani-family fine Italian restaurant just off the lobby of The Beatrice, was once home to **Briggs Ltd.**, the legendary men's clothing shop run by the larger-than-life clothier **Briggs Doherty Jr.** Known for his booming voice and sharp wit, Doherty became a downtown institution, outfitting generations of Providence politicians, businessmen, and local characters. Among them was **Joseph R. Paolino Jr.**, who, at just 28 years old, became the youngest mayor of a major American city at the time and had purchased his wedding tuxedo there.

More than a century after the building first opened, Paolino, who went on to become a prominent real estate developer, restored the historic structure and transformed it into a boutique hotel. When he first suggested converting the building into a hotel, his mother, Beatrice Temkin, famously replied, "*You should really name it after your mother.*" And so he did.

Opened in 2021, The Beatrice became Providence's first luxury boutique hotel, offering an intimate stay rooted in the building's history and designed for travelers who value thoughtful design and a strong sense of place. Today, it continues the long tradition of this corner of Westminster Street: welcoming visitors and serving as a starting point for exploring the city beyond its doors.






# PROVIDENCE then & now

From the founding vision of Roger Williams  
to the creative city of today.

**Roger Williams Memorial and  
grave at Prospect Terrace in  
Providence, Rhode Island**

**Creator: Steve Markos  
Copyright: Copyright 2017 Steven  
L. Markos**





A city shaped by independence, creativity, and commerce, Providence has always balanced history with reinvention. Founded in 1636 by **Roger Williams** as a settlement built on the principle of freedom of belief, it grew over time into a thriving port and center of early American industry.

The city also played a role in the lead-up to the American Revolution. In 1772 colonists burned the British customs schooner **HMS Gaspee** in what became known as the **Gaspee Affair**, one of the earliest acts of rebellion against British rule.

Today Providence blends historic character with creative energy. Along streets like **Benefit Street** and across the campuses of **Brown University** and the **Rhode Island School of Design**, the city continues to evolve while remaining deeply connected to its past. Small in size but rich in character, Providence has always been a city of ideas.

**Did you know:** Brown University was founded in 1764, twelve years before the Declaration of Independence, when Rhode Island was still a British colony. Originally called the College in the English Colony of Rhode Island and Providence Plantations, it welcomed students of different religious backgrounds, reflecting Rhode Island's tradition of religious freedom.

**View of the Roger Williams Memorial and grave from Pratt Street in Providence, Rhode Island**

**Creator: Steve Markos  
Copyright: Copyright 2017 Steven L. Markos**

# REVOLUTIONARY PROVIDENCE



**Providence played an unexpectedly important role in the years leading up to the American Revolution.**

One of the earliest sparks of rebellion occurred in 1772 with the burning of the British customs schooner **HMS Gaspee** in what became known as the Gaspee Affair. After the ship ran aground near **Pawtuxet Point**, a group of colonists rowed from Providence under cover of darkness, boarded the vessel, and set it ablaze.

The event shocked British authorities and is widely considered one of the earliest acts of organized resistance leading to the American Revolution. News of the incident spread quickly throughout the colonies and helped galvanize support for resistance to British rule.

Providence itself was a hub of revolutionary activity. Merchants and sailors gathered along the busy waterfront and in taverns throughout the city to discuss politics, trade, and the growing conflict with Britain. Near the harbor stood the colonial marketplace at the **Old Market House**, where goods were traded and news from other colonies circulated. Just beyond it, **Market Square** served as the center of civic life, where townspeople gathered for public announcements, debates, and commerce.

The city also contributed directly to the colonial war effort. Rhode Island merchant and naval officer **Esek Hopkins** became the **first commander-in-chief of the Continental Navy**, and some of the earliest American naval expeditions sailed from the Providence



**Market House.** From *Picturesque Rhode Island* by Wilfred H. Munro (1881).

waterfront. Local shipbuilders and privateers outfitted vessels along the harbor, supplying ships and sailors to the colonial cause.

Nearby streets that visitors walk today still reflect this era. Along **Benefit Street**, often called the “Mile of History,” colonial homes, churches, and public buildings reveal the story of a prosperous and politically engaged city.



Benefit Street's Mile of History  
Photo Credit: Visit Rhode Island

**“The burning of the HMS Gaspee is widely considered one of the earliest acts of resistance leading to the American Revolution.”**

Among them stands the **John Brown House**, built in 1786 for one of Providence’s most prominent merchants and a striking example of the wealth generated by Atlantic trade.

Just up College Hill stands the campus of **Brown University**, which began in 1764 as the College in the English Colony of Rhode Island and Providence Plantations, educating many of the region’s future leaders and serving as a center for debate and political thought.

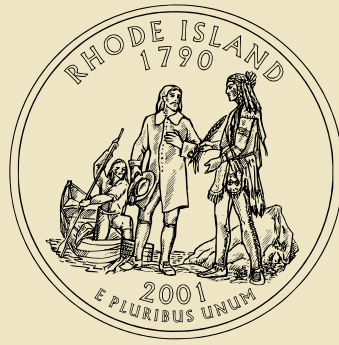
Other landmarks nearby also connect visitors to this period. **The First Baptist Church** in America, founded by Roger Williams, stands as a reminder of the city’s long tradition of independent thinking.

Nearby, the **Providence Athenaeum**, one of the oldest libraries in the country, continues that intellectual tradition and reflects the city’s long history of scholarship and civic conversation. **The Providence waterfront, South Main Street**, and the historic streets of **College Hill** trace the paths where merchants traded, sailors prepared for voyages, and colonists quietly planned acts of resistance. Together, they reflect the city’s enduring spirit of independence.



**BURNING OF THE GASPEE** Karl Doerflinger S/N Litho Print, Gaspee Point WARWICK RI

Providence’s importance during the American Revolution lay not in major battles, but in its role as a center of resistance, trade, political debate, and naval organization during the movement’s earliest and most formative years.



## Rhode Island's Quiet Independence

Before the nation declared independence on **July 4, 1776**, Rhode Island had already taken its stand.

On May 4, 1776, the Rhode Island General Assembly formally renounced allegiance to King George III. In official documents, the king's name was removed and replaced with authority vested in "the governor and company of the English Colony of Rhode Island and Providence Plantations."

It was a bold act, quiet, procedural, and unmistakable.

Two months later, in Philadelphia, Stephen Hopkins of Rhode Island signed the Declaration of Independence. Afflicted with palsy, his hand trembled as he wrote his name.

**"My hand trembles, but my heart does not."**

July 4 became the date the nation remembers. But May 4 belongs to Rhode Island.

In a city founded on freedom of conscience in 1636, independence was never sudden. It was debated in taverns, printed in newspapers, argued in meeting houses, and carried across the harbor in small wooden boats under cover of night.

Providence did not wait for history to arrive.

It helped write it.

As you walk its streets, from College Hill to the waterfront, you are moving through a city that declared itself ready before the rest of the country did.

**May 4. July 4.**

Two dates. One conviction.

And the enduring belief that liberty begins locally, long before it becomes national.

*Historical context adapted in part from reporting by Paul Edward Parker,  
The Providence Journal (2025).*

# Colonial

Explore the Indep



John Brown House



College Hill

First Baptist Church  
Meeting House, built 1775



First Baptist Church  
(Chartered 1764)

Site of Sabin's Tavern  
First forum planing,  
Gaspee Affair 1773.



Roger Williams in Providence, 1636

Roger Williams National Memorial  
Founding of Providence, 1636

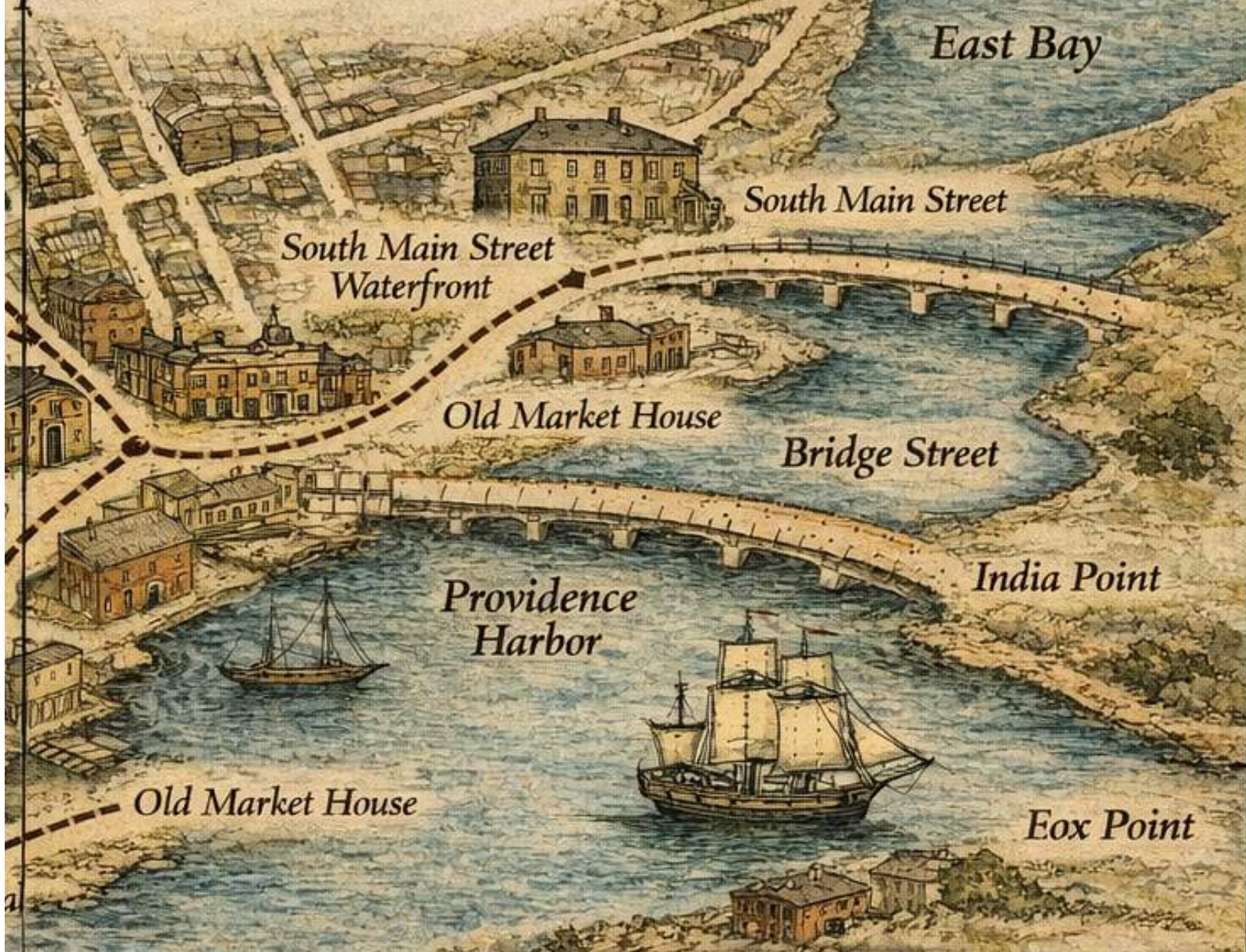


To Bristol & S  
Neuport →

A stylized interpretation of Providence during the Revolution  
(1760-1783).

# Providence

Independence Trail.



## Gaspee Affair 1772

Colonists plotted and executed a daring attack on the British customs schooner Gaspee, a watershed moment leading up to the American Revolution.



Taverns



Historic Sites



Independence Trail

Revolutionary era

# Providence by Water

## HOW THE RIVERS SHAPED THE CITY

**Long before Providence became a city of historic streets and lively cafés, it was a city of rivers.**

When **Roger Williams** founded Providence in 1636, he chose a site where two rivers met the head of **Narragansett Bay**. Easily accessible by ship, the settlement quickly became a busy port where merchants, fishermen, and traders connected Rhode Island to the wider Atlantic world.

By the eighteenth century, the harbor was filled with vessels carrying rum, molasses, textiles, and manufactured goods between Providence and ports throughout the Caribbean, Europe, and beyond. Ships anchored near **India Point** and along **South Water Street**, where cargo was unloaded into the brick warehouses that still line tea, spices, and other goods from distant ports.

As the Industrial Revolution took hold, Providence's waterfront evolved into a bustling industrial port.

Factories across Rhode Island relied on the harbor to bring in raw materials and ship finished goods to markets around the world. Wharves and warehouses lined the shoreline, and passenger steamers departed regularly for cities throughout New England while immigrants arrived from Ireland, Italy, and the Azores seeking opportunity in the growing industrial city.

Over time, however, the relationship between the city and its rivers changed. Railroads, highways, and industrial infrastructure gradually obscured much of the historic waterfront. For decades the rivers that had once defined Providence were largely hidden beneath roads and elevated bridges.

After devastating coastal storms flooded downtown in the mid-twentieth century, the **Fox Point Hurricane Barrier** was constructed in 1956 to protect the city from storm surges coming up Narragansett Bay. While the barrier safeguarded Providence, it also limited large commercial ships from traveling farther upriver, gradually shifting most maritime activity toward the deeper port facilities along the southern waterfront.

Decades later, the city undertook an ambitious effort to rediscover its rivers. In the 1990s, under the leadership of **Mayor Joseph R. Paolino Jr.**, Providence relocated and uncovered the waterways that had long been buried beneath highways and rail lines. The project reshaped downtown, restoring the rivers as a central civic landscape and creating the riverwalks, bridges, and public spaces that define the city today.

At the center of this revitalization is **Waterplace Park**, where a stepped stone amphitheater hosts concerts and events throughout the year. On select evenings the rivers glow with the light of nearly one hundred braziers during **WaterFire**, the celebrated art installation created by artist **Barnaby Evans**, which fills the waterways with flickering fire, music, and the scent of burning cedar.

One of the newest additions to the waterfront is the **Michael S. Van Leesten Memorial Bridge**, also known as the **Providence River Pedestrian Bridge**. Opened in 2019 on the piers of the former I-195 highway bridge, the 450-foot span reconnects the East Side with the Innovation & Design District. Named for civil rights leader Michael S. Van Leesten, the bridge serves as both a crossing and a gathering space overlooking the Providence River and skyline.

**Did you know:** At one time, tall-masted sailing ships could travel up the Providence River as far as Westminster Street, docking at wharves where goods were unloaded directly into nearby warehouses.

From the bridge and surrounding riverwalks, the layers of Providence become visible at once, the historic skyline of downtown, the leafy streets of College Hill rising above the river, and the Innovation & Design District that continues to shape the city's future.

**“WaterFire is full of motion, throughout the night the firetenders stoke the fires, the boats glide past the flames, the rivers flow quietly beneath the braziers, the sparks whirl through the night air, and the flickering flames reflect off the dark surface of the water, animating the architectural fabric of the city.”**

**– Barnaby Evans**

For travelers staying at The Beatrice, the rivers offer one of the most beautiful ways to experience the city. What was once a working harbor is now a place to walk, gather, and linger, where the past and present of Providence meet along the water.



# Bea About Town



## A SEMIQUINCENTENNIAL STROLL THROUGH PROVIDENCE

If walls could talk, Providence would have quite the story to tell. Explore the places where independence was debated long before it was declared.



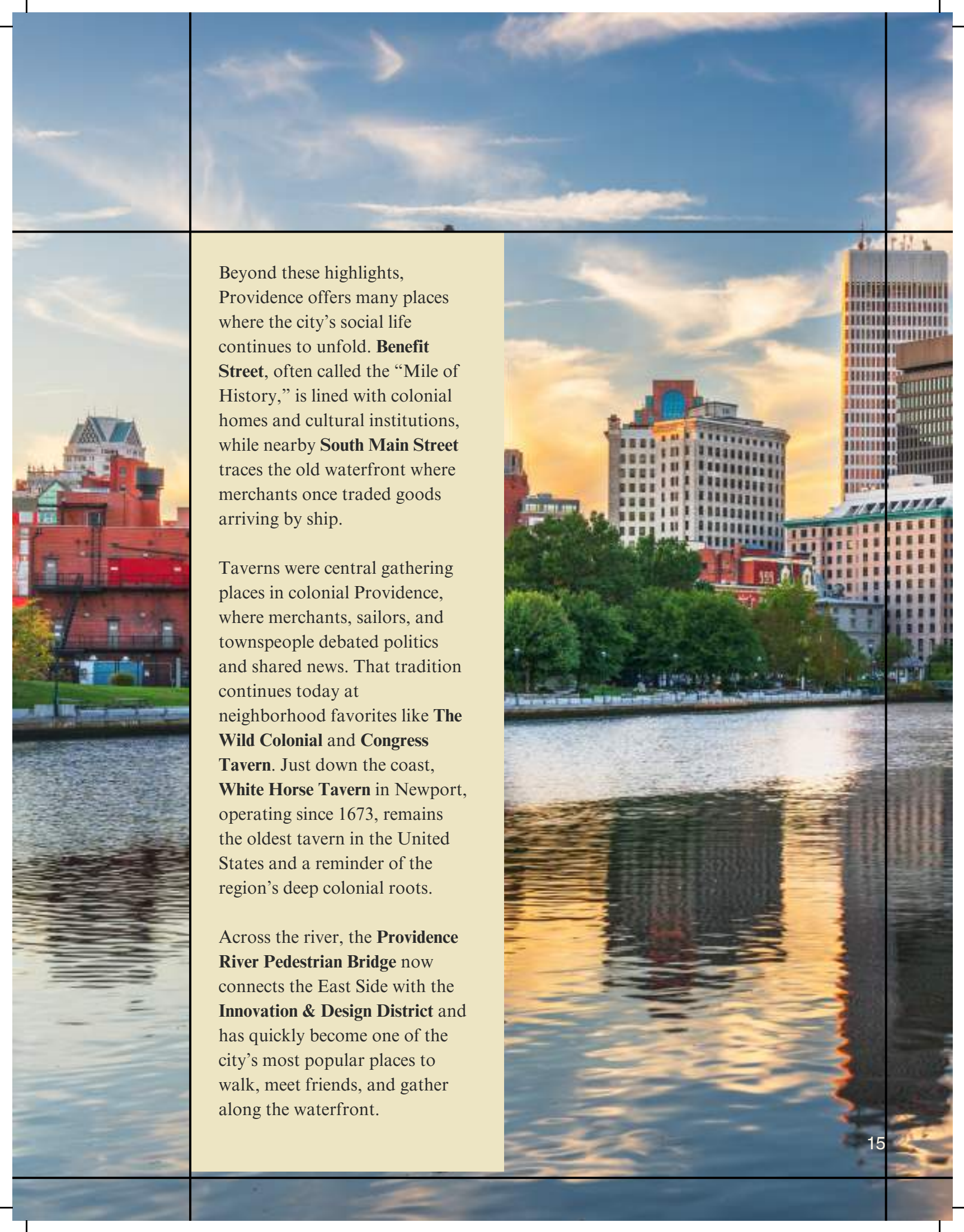
One of the oldest libraries in the United States, the **Providence Athenaeum** has been a center of learning and conversation since 1836. Located on Benefit Street, the Greek Revival building houses thousands of historic volumes and has welcomed generations of writers, scholars, and curious readers. **Edgar Allan Poe** once courted poet **Sarah Helen Whitman** here, and a small statue of Poe in the garden today honors that literary connection.



Tucked inside **Brown University's John Hay Library** is a remarkable collection of rare books and historical documents, including materials related to the American Revolution. Part of Brown's special collections, the library preserves manuscripts, letters, and early publications that illuminate the era and the founding of the United States. Many of these materials continue to support research into the history of the Revolution and the early American republic.



Founded by Roger Williams in 1638, the **First Baptist Church in America** is widely recognized as a symbol of Rhode Island's early commitment to religious freedom. The present church on College Hill was completed in 1775, the same year the American Revolutionary War began, and its elegant steeple has overlooked Providence for more than two centuries. The church remains an active congregation and an enduring reminder of the ideals of liberty that helped shape the American experiment.



Beyond these highlights, Providence offers many places where the city’s social life continues to unfold. **Benefit Street**, often called the “Mile of History,” is lined with colonial homes and cultural institutions, while nearby **South Main Street** traces the old waterfront where merchants once traded goods arriving by ship.

Taverns were central gathering places in colonial Providence, where merchants, sailors, and townspeople debated politics and shared news. That tradition continues today at neighborhood favorites like **The Wild Colonial** and **Congress Tavern**. Just down the coast, **White Horse Tavern** in Newport, operating since 1673, remains the oldest tavern in the United States and a reminder of the region’s deep colonial roots.

Across the river, the **Providence River Pedestrian Bridge** now connects the East Side with the **Innovation & Design District** and has quickly become one of the city’s most popular places to walk, meet friends, and gather along the waterfront.

# Providence If You Please...



## A Revolutionary Mad Lib

Fill in the blanks before reading the story aloud.

One breezy morning in \_\_\_\_\_, I set out from The Beatrice  
with a pair of \_\_\_\_\_ shoes and a deep sense of \_\_\_\_\_.

MONTH

ADJECTIVE

EMOTION

My first stop was \_\_\_\_\_, where I imagined colonists  
debating \_\_\_\_\_ while sipping \_\_\_\_\_.

HISTORIC SITE IN PROVIDENCE

PLURAL NOUN

COLONIAL BEVERAGE

Inspired, I marched confidently toward \_\_\_\_\_,  
passing a statue of \_\_\_\_\_ who looked surprisingly

PROVIDENCE NEIGHBORHOOD

HISTORICAL FIGURE

ADJECTIVE

At the waterfront, I spotted a \_\_\_\_\_ and briefly considered  
launching a rebellion against \_\_\_\_\_.

TYPE OF BOAT

MODERN INCONVENIENCE

By afternoon, I found myself inside \_\_\_\_\_, where I learned  
that independence requires \_\_\_\_\_ and possibly (snack food).

PROVIDENCE LANDMARK

ABSTRACT NOUN

As evening fell, I toasted to America's 250th with a glass of \_\_\_\_\_  
and declared, with great seriousness, that Providence is the most

DRINK

\_\_\_\_\_ city in the Union.

ADJECTIVE

And thus concluded my very \_\_\_\_\_ day of Revolutionary  
adventure.

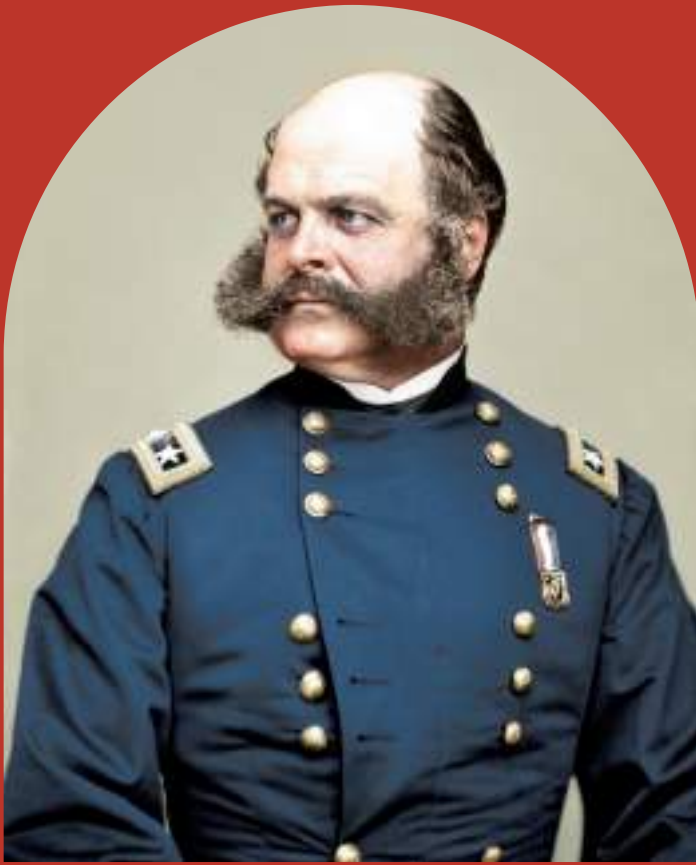
ADJECTIVE



## Providence Curiosities

**A WINDOW INTO THE  
HIDDEN DETAILS AND  
STORIES THAT MAKE THE  
CITY UNFORGETTABLE.**

Providence has always been a city of ideas—and a city of characters. Along its historic streets, visitors will find small details and unexpected stories that reveal the city's personality.

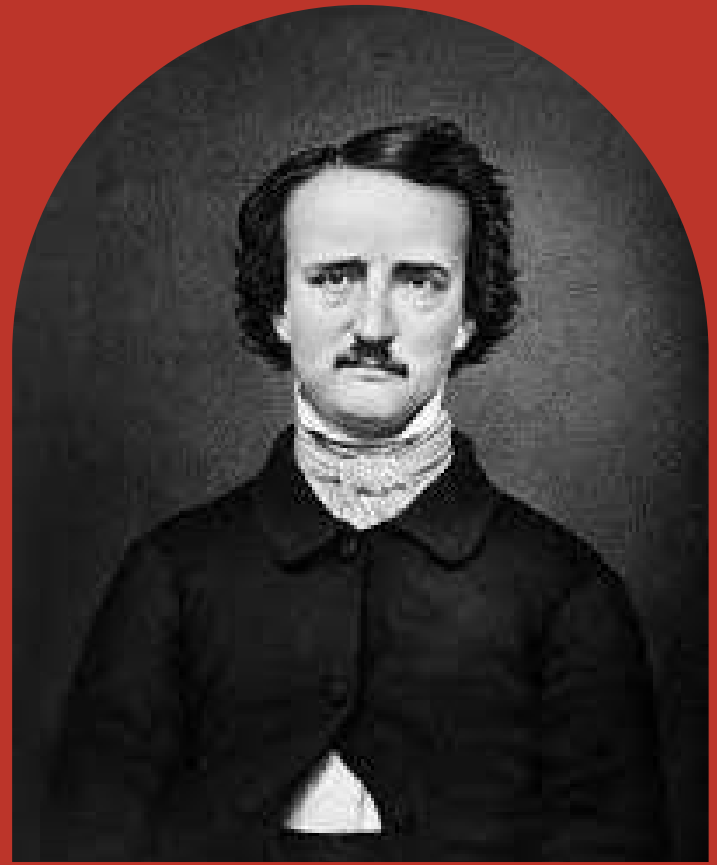


### **The Birthplace of “Sideburns”**

Civil War General Ambrose Burnside, one of Providence’s most famous sons, was known for his distinctive facial hair: thick whiskers that extended down his cheeks and connected to his mustache while leaving his chin clean-shaven.

The style became so associated with him that people began calling them “Burnsides,” a word that eventually reversed itself into the now-familiar term sideburns.

A statue of Burnside stands today in Burnside Park near City Hall.



### **Edgar Allan Poe’s Providence Romance**

Few people associate Edgar Allan Poe with Providence, but the poet spent time here courting Sarah Helen Whitman, a Providence writer and spiritualist. The two met at the Providence Athenaeum, one of the city’s oldest libraries.

Their engagement was short-lived and famously dramatic, but the Athenaeum still celebrates the story as part of its literary history.



### **H.P. Lovecraft's Providence**

Providence was the lifelong home of horror writer H. P. Lovecraft, whose stories were inspired by the city's steep streets, colonial houses, and shadowed corners.

Neighborhoods around College Hill and the Providence Athenaeum appear in several of his tales, where familiar places take on an eerie and otherworldly atmosphere.

Today, literary visitors still seek out the locations that shaped his imagination, including his grave at Swan Point Cemetery.



### **A Founder Who Defied Convention**

When Roger Williams founded Providence in 1636, he did something radical for his time: he separated church and state and welcomed people of different religious beliefs. The colony became known as a place of unusual independence and tolerance, ideas that later influenced the founding principles of the United States.

His statue today overlooks the city from Prospect Terrace.



### **Fire on the River**

On certain nights, the rivers of Providence glow with nearly one hundred braziers during WaterFire, the celebrated art installation created by artist Barnaby Evans. The event transforms the waterways into a gathering place filled with firelight, music, and the scent of burning cedar. What began as an art installation has become one of the city's most beloved traditions.



### **The Arcade: America's First Indoor Mall**

Opened in 1828, the Westminister Arcade is widely considered the first indoor shopping mall in the United States. Designed in the Greek Revival style with grand granite columns and a glass-covered central corridor, it was inspired by the elegant shopping arcades of Europe. For generations it served as a fashionable place for Providence residents to stroll, shop, and socialize.

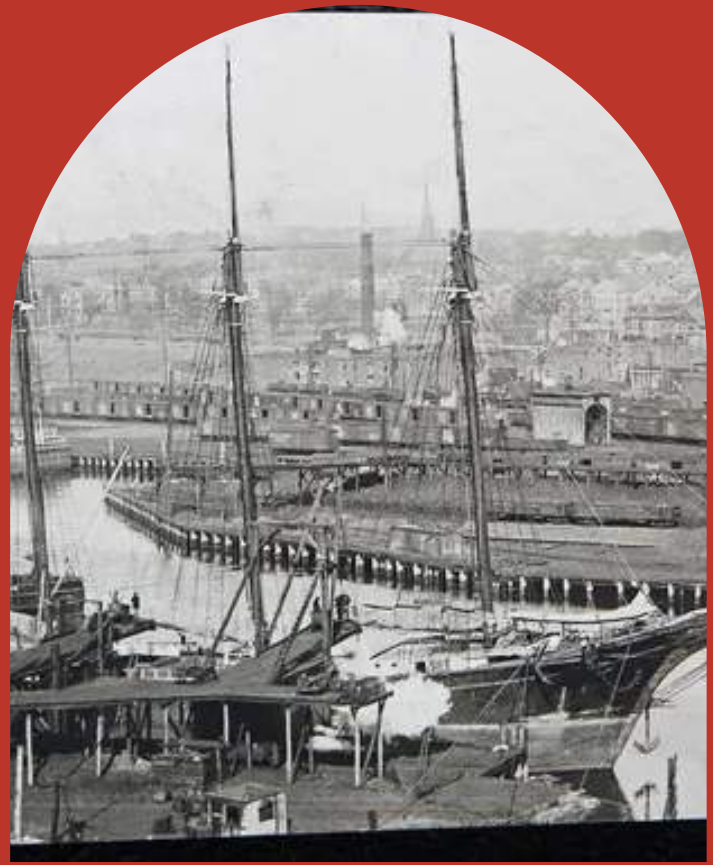
Today the restored building houses small shops and micro-apartments, continuing its long tradition as a lively gathering place on Westminister Street.



### The Superman Building

Providence's skyline is defined by the **Industrial Trust Building**, a striking Art Deco tower completed in 1928. Locals know it simply as the Superman Building, thanks to its resemblance to the Daily Planet skyscraper depicted in early Superman comics.

Rising high above downtown, the building has long served as a symbol of Providence's industrial wealth and architectural ambition during the early twentieth century. At 428 feet, it remains the tallest building in Rhode Island and one of the city's most recognizable landmarks.



### China Trade Fortunes

In the late eighteenth and early nineteenth centuries, Providence merchants built fortunes through the China Trade, sending ships on long voyages to Asia and returning with tea, porcelain, silk, and spices.

Ships departed from the waterfront near **India Point**, where vessels involved in the China and West Indies trades once docked. The wealth from this global commerce helped shape the city's growth and is still visible today in places like the **John Brown House** on College Hill, built by a prominent merchant whose fortune came from international trade.



EAT WELL. TRAVEL FAR.

# RHODE ISLAND

## RESTAURANTS TO TRY



*“Not all who want are lost -  
some just know where to check-in”*

### THE ROMANCE OF THE ROAD

There’s something timeless about the open road, the promise of a new view, the thrill of not knowing what’s around the next bend, and the simple joy of a great meal in a place that feels like it’s been waiting for you.

In Rhode Island, that magic is never far. It’s in the sizzle of hot wieners on the grill, the steam rising from a bowl of chowder, the clink of coffee cups in a classic diner, and the warm welcome that comes as naturally as the ocean breeze.

Inspired by the beloved culinary travel guide Roadfood.com, these stops are more than restaurants, they’re traditions, stories, and flavors that travel with you long after the journey ends.



*So pull over, take your time, and taste  
the Ocean State,  
one unforgettable stop at a time.*



#### **Olneyville N.Y. System - Providence**

The original and the best. Famous for RI’s signature hot wieners with meat sauce, mustard, onions, & celery salt - “all the way.”



#### **Jiggers Diner - East Greenwich**

A classic 1940s diner serving breakfast and lunch favorites like johnnycakes, gingerbread pancakes, and, of course, coffee milk.



#### **Aunt Carries - Narragansett**

A classic 1940s diner serving breakfast and lunch favorites like johnnycakes, gingerbread pancakes, and, of course, coffee milk.



#### **Iggy's Doughboys & Chowder House - Narragansett**

Home of the legendary doughboys - hot fried dough rolled in sugar. Don’t leave without one!



#### **Champlin's Seafood Deck - Narragansett**

Relaxed waterfront dining with incredible fried clams, flounder, and the local specialty, snail salad.



#### **Gray's Ice Cream - Tiverton**

A New England Classic since 1938. Try local favorites like Grape Nuts, and ginger ice cream.



#### **Angelo's Civita Farnese - Providence**

A Federal Hill institution since 1924. A cash-only classic where red-sauce Italian traditions live on, don’t miss the veal parm.



#### **Wright's Chicken Farm - Burrillville**

Serving its famous chicken dinner since the 1920s—a family-run Rhode Island institution built on long tables, endless sides, and tradition.



#### **Wein-O-Rama - Cranston**

An old-fashioned diner where the wieners, burgers, and coffee milk keep the locals coming back.



#### **Haven Brothers - Providence**

A late-night institution since 1893—where burgers sizzle, milkshakes flow, and Providence’s after-hours stories come to life.





# RECIPES TO CARRY WITH YOU

## CLASSIC RHODE ISLAND FLAVORS FOR YOUR KITCHEN



### Clear Broth Clam Chowder

*Light, briny, and full of clams - a Rhode island classic.*

#### INGREDIENTS:

- 2 Dozen little neck clams
- 1 small onion, chopped
- 2 stalks of celery, chopped
- 2 small potatoes, diced
- 1 cup chopped parsley
- Salt, pepper

#### DIRECTIONS

- Steam clams until open. Strain broth, discarding shells. Chop clams, set aside.
- In 4 cups of water, simmer onion, celery and potato until tender.
- Add clams and parsley,
- Serve hot with crackers or crusty bread.



### New York System Sauce

*The savory meat sauce that makes it "All the Way."*

#### INGREDIENTS:

- NY System™ Spice Blend
- Ground beef (80% lean or less, this matters)
- Soybean oil (no substitutions)
- Water

#### DIRECTIONS

- Heat soybean oil in a saucepan.
- Add onion and cook until browned.
- Stir in spices and crumble in beef. Simmer covered for 1 hour, stirring occasionally and mashing to a fine consistency.
- Add more soybean oil if the sauce becomes too dry.

Source: <https://www.olneyvillenewyorksystem.com/wienersauce>



### Doughboys (Inspired by Iggy's)

*Hot, puffy, and rolled in sugar. A seaside tradition.*

#### INGREDIENTS:

- 2 Cups All-Purpose Flour
- 2 tbsp. sugar, 1 tsp. salt
- 1 tbsp baking powder
- ¼ cup of milk, 1 egg
- Oil for frying
- Sugar for coating

#### DIRECTIONS

- Heat soybean oil in a saucepan.
- Add onion and cook until browned.
- Stir in spices and crumble in beef. Simmer covered for 1 hour, stirring occasionally and mashing to a fine consistency.
- Add more soybean oil if the sauce becomes too dry.



### Coffee Milk

*Rhode Island's Official State Drink*

#### INGREDIENTS:

- 1 Cup of Milk
- 3-4 tbsp. Coffee Syrup
- Ice (optional)

#### DIRECTIONS

- Add coffee syrup to cold milk
- Stir until combined (do not shake)
- Serve. cold over Ice. Sip, smile, repeat.

*Fun Fact: Coffee milk started as a clever way to use leftover coffee grounds—and today, many Rhode Island kids grow up drinking it instead of chocolate milk.*

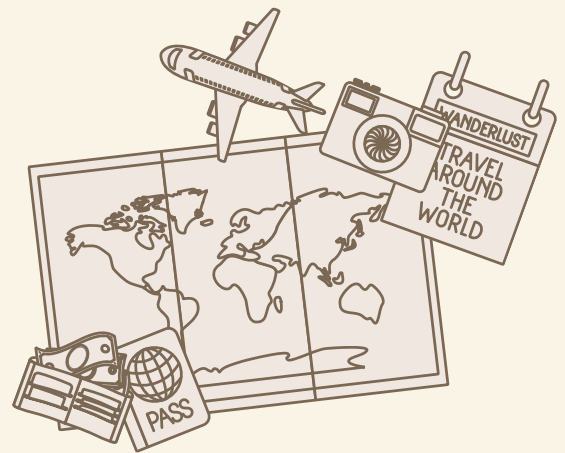


*Bring a taste of Rhode Island wherever the road takes you.*

# Suggested Travel Itinerary

DESTINATION: *Providence, Rhode Island*

DATE: *Summer, 2026*



## DAY 1 *Revolutionary Roots*

MORNING *Walk the Independence Trail (College Hill → Benefit Street → First Baptist Church → Prospect Terrace)*

AFTERNOON *Lunch on the South Main Street waterfront and Visit the John Hay Library at Brown University*

EVENING *Dinner at Bellini*

## DAY 2 *Working Waterfront*

MORNING *Visit India Point Park*

AFTERNOON *Stroll the Providence River Pedestrian Bridge and Visit the RISD Museum*

EVENING *Attend WaterFire or take an evening gondola ride*

## DAY 3 *Curiosities & Culture*

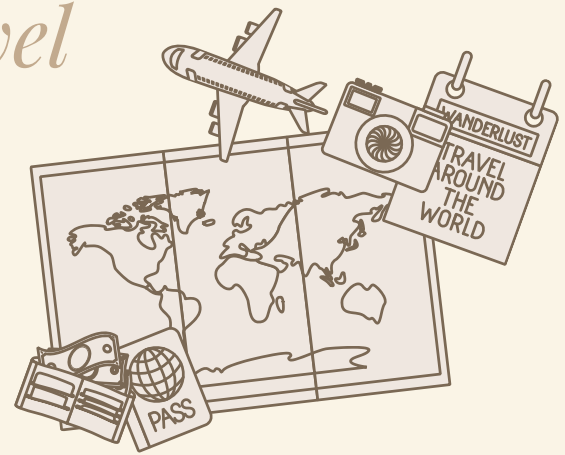
MORNING *Visit the Providence Athenaeum*

AFTERNOON *Have lunch at the Westminster Arcade and visit Prospect Terrace*

EVENING *Enjoy sunset cocktails at Bellini Rooftop*

***“In Providence, independence was not declared, it was practiced.”***

# Create Your Own Travel Itinerary



DESTINATION:

DATE:

*Summer, 2026*

## DAY 1

MORNING

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AFTERNOON

---

EVENING

## DAY 2

MORNING

---

AFTERNOON

---

EVENING

## DAY 3

MORNING

---

AFTERNOON

---

EVENING

WHERE  
TO  
NEXT?

*“Wonder begins the moment you choose  
to walk without rushing.”*







“Hope is Rhode Island’s smallest word with its largest promise.”

THE  
*Beatrice*